



Dear NWIA Inc Member,

Friday, 31 October 2008

Notification: NWIA Inc Free Members Workshop and Annual General Meeting (AGM) Tuesday December 9, 2008

New Ideas, New Tools Workshop

Keep abreast of the latest in Personal Leadership Development

PCM is a great new communication approach that can be integrated into Wellness programs as a way to improve team cohesiveness and productivity. Coupled with the "Personality Resources" working-style awareness tools you can begin to foster an organisational culture that is founded on Personal and Social Wellness.

Mental First Aid will be as critical as other OHS strategies

Workplace Wellness issues such as Presenteeism are more prevalent in Australia than ever before. Equipping staff with Mental First Aid skills provides both employees and employers with strategies to be supportive of each other should and if the stressors begin to take their toll.

International Accreditation of Courses

Find out about the latest developments in tertiary courses for Wellness professionals from Australia and the USA. Credentialling is and will evolve to be more important than ever as "Wellness" catches on. NWIA is in consultation with international bodies to become an accrediting body in Australia for recognised Wellness programs.

Management Committee elections:

The Management Committee of the National Wellness Institute of Australia Inc. (NWIA Inc.) have spent the last 12 months exploring options for the future roles of NWIA as a professional network across wellness domains. As the Institute embarks on a new year and a focus on the development and recognition of practicing Wellness professionals, we encourage you to consider nominating for a position on the Management Committee.

In accordance with the constitution of NWIA Inc, Management Committee position elections are to be held at the AGM and to assist you to decide in which capacity you wish to nominate the following brief explanation is provided:-

The Management Committee consists of seven members, which need to be duly elected at this year's AGM. Nominations may be received from persons authorised by financial voting members. The term of office is for a Twelve-month period from the date of the 2008 AGM in December. The main role of the Management Committee is to provide strategic direction for the Institute. The Management Committee conduct monthly meetings via SKYPE or face to face.

National Wellness Institute of Australia Inc.
PO Box 2018, Inala Heights 4077.
Tel: 0407962763
Email admin@wellnessaustralia.org
Web: <http://wellnessaustralia.org>



National Wellness Institute of Australia Inc.

Please consider taking an active role in your association by filling out the enclosed nomination form and nominating for one position on the Management Committee. Proxy forms are also enclosed.

Members considering standing for election are welcome to contact us at the NWIA Secretariat via telephone on 0407962763, or by email at admin@wellnessaustralia.org with any queries you may have.


The AGM is the perfect opportunity to catch up with colleagues and friends and to extend your professional knowledge at the associated workshop. You are encouraged to bring any friends that may be interested in joining NWIA too. We look forward to seeing you there!

Yours sincerely

Halima Goss
NWIA Inc Secretariat

p.s. for those who require further incentive – there will be FOOD and Drinks!!

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When: Tuesday December 9, 2008
Where: BCC Offices, Room 21.1 a and 21.1b Level 21 Brisbane Square Building, Cnr George and Adelaide Sts, Brisbane.
If you are walking or catching public transport - Best to enter off George St and take the lifts on the right side of the building up to Level 21.

Time: 4:00 – 6:00 pm

Agenda:

4:00 – 4:15 Opening and Welcome

4:15 - 5:00 Workshop – New Ideas, New Tools!

5:00 – 5:15 Nibbles

5:15 – 6:00 AGM Meeting agenda items

1) Management Committee Report and Financial Statements for year ending June 30th 2008

2) Election of members of the Management Committee under the constitution;

- President (*one year term*)
- Vice President (*one year term*)
- Secretary (*one year term*)
- Treasurer (*one year term*)
- Media and Promotions Officer (*one year term*)
- Research/Education Officer (*one year term*)
- Events/Conference Officer (*one year term*)

3) General Business

- Events calendar 2009
- Accreditation of courses
- Professional Development– a scheme for recognition of Practicing Professionals

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**NOMINATION FORM
MANAGEMENT COMMITTEE POSITION**

Proposer Name:
 of(Organisation)
 do hereby nominate
 of (Organisation)

Nominate the position:

- President
- Vice President
- Secretary
- Treasurer
- Media and Promotions Officer
- Research/Education Officer
- Events/Conference Officer

Proposer (Signature)

Secunder..... (Signature)

I hereby consent to this nomination:

..... (Nominee)
 (Organisation)
 (Signature)
 (Date)

Candidates are asked to supply a brief on their career background of not more than 100 words. This information will be circulated to NWIA Inc. members to assist them in casting an informed vote for the election. Please note that the Proposer, Secunder and Nominee **MUST BE CURRENT FINANCIAL MEMBERS** of the National Wellness Institute of Australia Inc and comply with limitations of Membership for Management Committee positions as set out in the Constitution.

When completed, please return this nomination form to the Secretariat via email (digital signatures acceptable) or mail – contacts details below.

PLEASE NOTE: NOMINATIONS MUST BE IN THE HANDS OF THE SECRETARIAT NO LATER THAN 5:00 PM ON FRIDAY 30 NOVEMBER, 2008
 All nominations received will be formally acknowledged via email.

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